



Healing Our Relationship with the Ancestors: A 6-Month Path towards Personal & Collective Wholeness

We are calling people of European descent who are:

- * inspired to open up channels to Ancestors of family or cultural lineage so as to craft a fuller relationship
- * roused to come to terms with ways privilege operates for them today by tracing the actions of their families in previous generations
- * ready to integrate the travesties, tragedies and triumphs of their family heritage into the life they are leading now
- * intrigued to reach back to connect with their ancestral lineage via art forms and movement
- * open to exploring their relationship to the abandoned land of their forbearers and the expropriated land they live on now
- * charged by viewing this exploration as a contribution they can make to social justice issues and to future beings
- * able to commit to full attendance of this exploratory workshop

Called to this course? Visit <http://triplehearthealingarts.com/classes/> for more details and registration info. Limited space available.

FACILITATORS:

Kaia Svien, MS, is a mindfulness meditation instructor, a spiritual advisor, author and cultural change agent. Her spiritual seeking is grounded in the emerging ancient wisdom ways of Europe; her social justice activism has been greatly influenced by her study with Joanna Macy over the last 30 years. Kaia is inspired by the widespread awakening of unitive consciousness in these turbulent times.

Niky Duxbury is a healing artist interested in the dynamic intersection of personal and collective healing. Dedicated to a spiritual path of self-discovery and working from a cultural wellness framework, she studies with Anam Cara Therapies in the path of the Sacred Feminine, the Ridhwan School and Kaia Svien. She loves co-creating spaces where we can open to inner knowing, healing magic and Mystery for the greater well-being of all.

DATES and FEES

Fridays 6:30 -9:00 pm:

May 19
June 16
July 21
Aug 18
Oct 20

Full day Saturday, 9 am –
4pm, Sept 16

Sliding scale of \$150- \$280 for
entire workshop.